

Week 1: April 17th, May 8th, June 5th, June 26th, July 17th, Sept 11th, Oct 2nd

The Ship's Galley Summer Menu 2017

Monday	Tuesday	Wednesday	Thursday	Friday
chicken stir fry & noodles or vegetarian stir fry & noodles & fruit crumble with custard	*build a bun/bagette* various fillings with seasonal salad & pickles & ice cream with fresh fruit slices	roast chicken or quorn sausage with roast potatoes, seasonal garden vegetables yorkshire pudding and gravy & fruity jelly with whipped cream	sausage roll or cheese roll with fresh seasonal salad bar & shortbread biscuit	mackerel & chips with peas or cheesy chips with beans & carrot cake

Week 2: April 24th, May 15th, June 12th, July 3rd, July 24th, Sept 18th, Oct 9th

Monday	Tuesday	Wednesday	Thursday	Friday
beef taco or bean taco with fresh seasonal salad bar & butter crunch biscuit	*invent a wrap* various fillings with crunchy coleslaw & fruit cereal bar	roast ham or quorn sausage with roast potatoes, seasonal garden vegetables yorkshire pudding and gravy & steamed apple cake & custard	pork, beef or veggie burger with creamy mash & seasonal garden vegetables and gravy & ice cream with fresh fruit slices	sizzling sausages or veggie sausages with baked beans, chips & fresh seasonal salad bar & fruity flapjack

Week 3: May 1st, May 22nd, June 19th, July 10th, Sept 4th, Sept 25th, Oct 16th

Monday	Tuesday	Wednesday	Thursday	Friday
creamy chicken & bacon pasta bake or veggie pasta bake & cha-cha cherry sponge	*picnic pick & mix* savoury quiche ham or egg salad crunchy coleslaw with fresh seasonal salad bar & ice cream melon boats	roast pork with apple sauce or quorn sausage with roast potatoes, seasonal garden vegetables yorkshire pudding and gravy & fruit crumble with custard	bacon pastry turnover or vegetable turnover & fruity cereal bar	fish fingers or veggie burgers with peas and fresh, seasonal salad & iced sponge

jacket potatoes, fresh salad, fresh seasonal fruit and vegetables, milk and yoghurt are all available daily along with home baked w/meal bread (rice and pasta are 50/50 brown/white)