

Week 1: April 11th, May 2nd, May 23rd, June 20th, July 11th, Sept 12th, Oct 3rd

The Ship's Galley Summer Menu 2016

Monday	Tuesday	Wednesday	Thursday	Friday
chicken stir fry & noodles or vegetarian stir fry & noodles & steam sponge & custard	pizza with mixed salad and coleslaw & fruity shortbread	roast ham or roast quorn with roast potatoes, vegetables yorkshire pudding and gravy & fruity jelly and whipped cream	hot dogs or vegetarian dogs with fresh seasonal salad & ice cream cone	fish in batter or vegetarian burger with chips and peas & citrus crispy bar

Week 2: April 18th, May 9th, June 6th, June 27th, July 18th, Sept 19th, Oct 10th

Monday	Tuesday	Wednesday	Thursday	Friday
beef lasagne or vegetable lasagne with roasted vegetables & apple and blackberry crumble with custard	filled baguette *egg mayonnaise *cheese *tuna mayonnaise or *chicken, bacon and sweetcorn & apple and raisin flapjacks	roast turkey or quorn sausage with roast potatoes, vegetables yorkshire pudding and gravy & carrot cake	sausage roll or cheese roll with new potatoes and salad & ice cream tub	salmon and chips or cheesy chips with peas or baked beans & buttercrunch biscuit

Week 3: April 25th, May 16th, June 13th, July 4th, Sept 5th, Sept 26th, Oct 17th

Monday	Tuesday	Wednesday	Thursday	Friday
chicken and bacon pasta bake or vegetarian pasta bake with sweetcorn & crunchy biscuit	cornish pasty or cheese pasty & ice cream cones	roast chicken or quorn fillets with roast potatoes, vegetables yorkshire pudding and gravy & peaches and custard	chicken ceasar & chorizo wrap or chargrilled vegetable wrap & fruity cereal bar	sausage or quorn sausage with chips and baked beans & cherry cake

jacket potatoes, fresh salad, fresh seasonal fruit and vegetables, milk and yoghurt are all available daily along with home baked w/meal bread (rice and pasta are 50/50 brown/white)