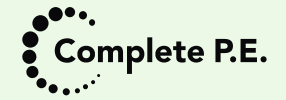
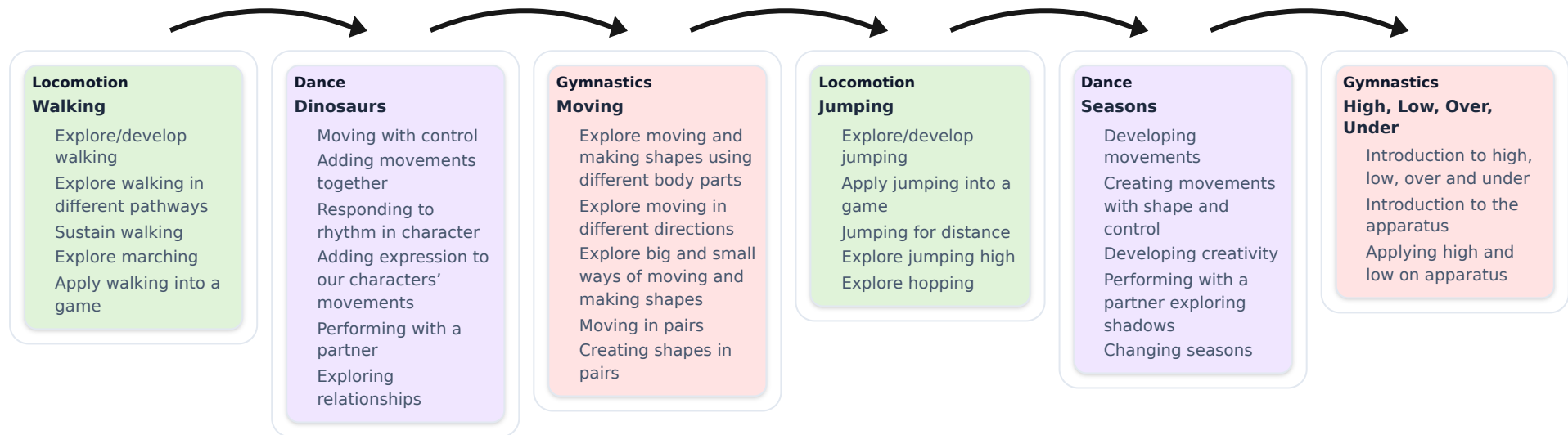


Progression Journey

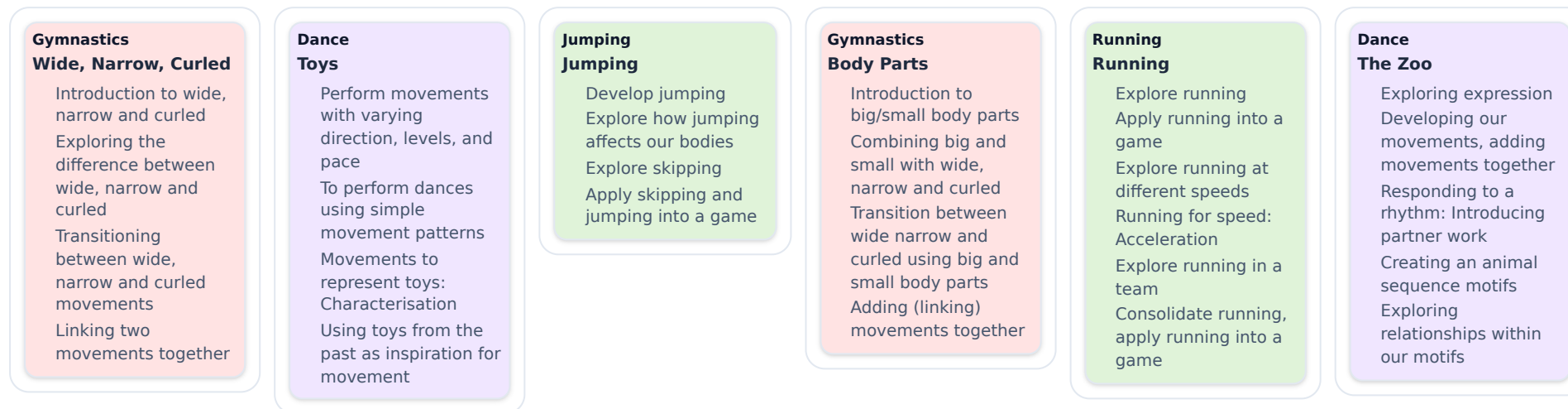
Academic Year: 2026-2027



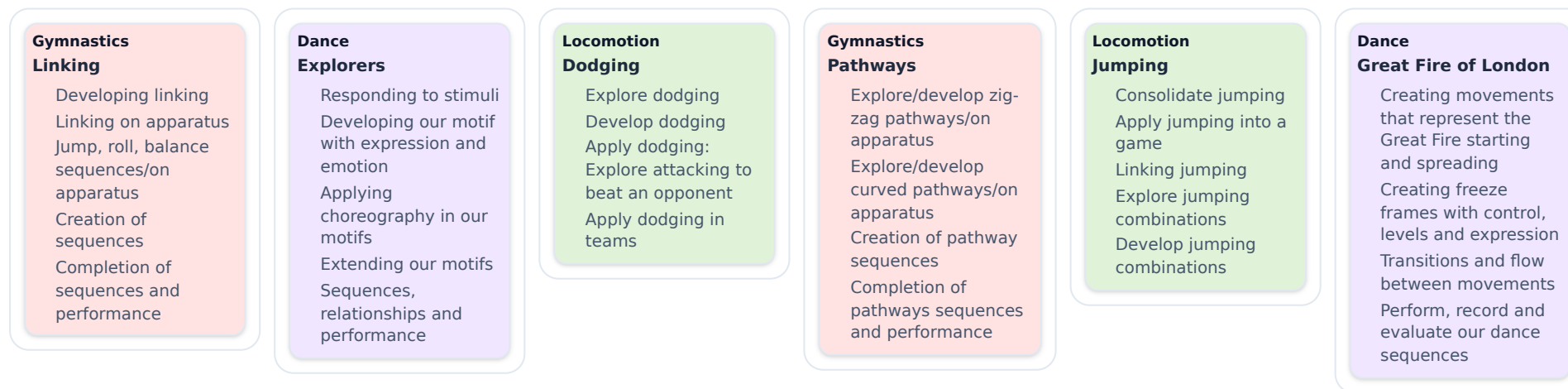
Foundation



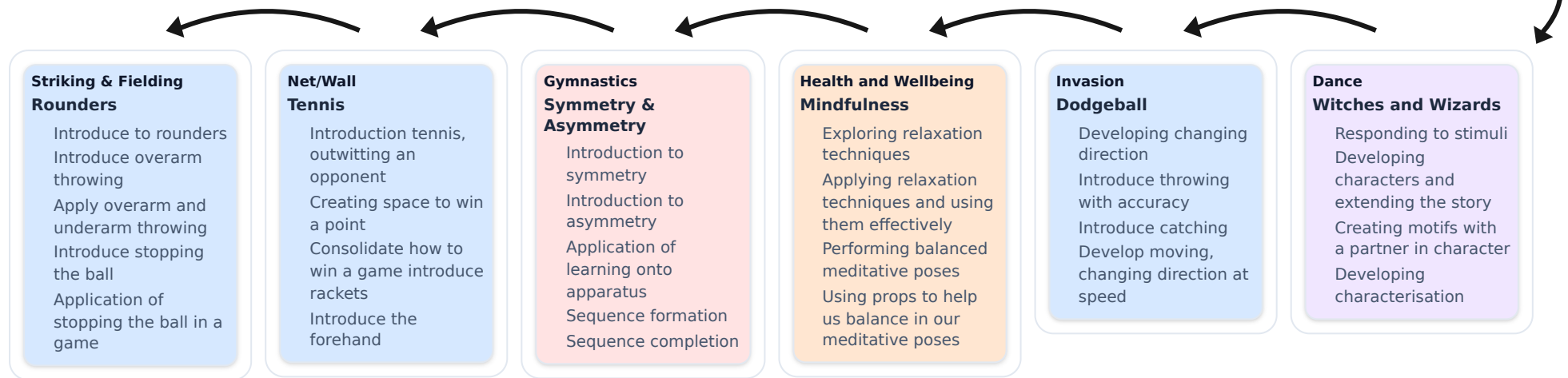
Year 1



Year 2



Year 3



Year 3/4

Gymnastics Bridges

- Introduction to bridges
- Application of bridge learning onto apparatus
- Develop sequences with bridges
- Sequence formation
- Sequence completion

Dance Wild Animals

- Responding to a stimulus with effort and expression
- Developing character dance into a pair motif
- Developing sequences with a partner in character that show relationships
- Using props to challenge creativity
- Creating alternative character sequences
- Sequences, relationships, choreography and performance

Invasion Dodgeball

- Introduce jumping and ducking
- Develop throwing with accuracy and power over an increased distance
- Develop catching
- Consolidate dodging, jumping and ducking

Invasion Dodgeball

- Introduce jumping and ducking
- Develop throwing with accuracy and power over an increased distance
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- Consolidate dodging, jumping and ducking

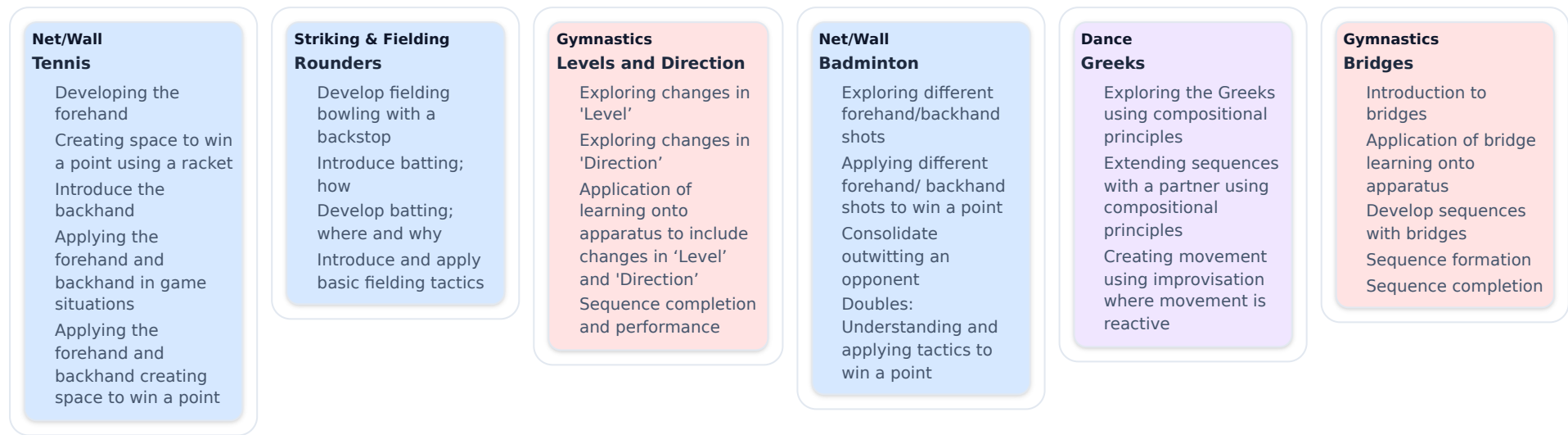
Gymnastics Levels and Direction

- Exploring changes in 'Level'
- Exploring changes in 'Direction'
- Application of learning onto apparatus to include changes in 'Level' and 'Direction'
- Sequence completion and performance

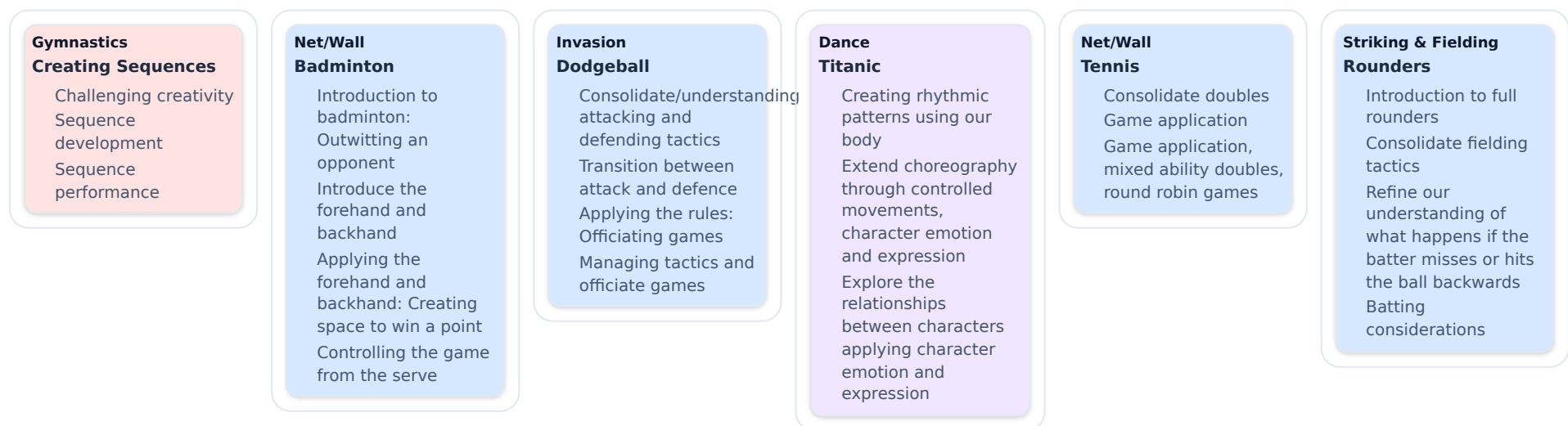
Striking & Fielding Rounders

- Develop fielding bowling with a backstop
- Introduce batting; how
- Develop batting; where and why
- Introduce and apply basic fielding tactics

Year 4/5



Year 5/6



Year 6

