

By Aspens

Option 1

Option 2

Spring / Summer 2022

7/3, 28/3, 18/4, 9/5, 30/5, 20/6, 11/7



MONDAY **Authentic**

Italian

BBQ Chicken Pizza

Crudites

Crudites

V

Margherita Pizza

in a Bun Oven Baked Coleslaw

TUESDAY

Family Faves

Beef Burger in a Bun

Oven Baked Wedges Coleslaw

Super Veggie Burger

Wedges v

WEDNESDAY

Backing British

Roast Gammon

Roasties and Fresh Vegetables Gravy

Veggie Sausage & **Summer Veg**

Traybake Roasties and Fresh Vegetables

Gravy

THURSDAY Food

Festival

Chicken Tikka Biryani

Wholegrain Rice Coconut Green Beans

Roasted Sweet Potato Dhal

Wholegrain Rice Coconut Green Beans

FRIDAY

Fun Day

Fish Fingers

Salmon or Pollock Chips and Baked Beans

Baked Beans & Vegetable Dippers

Chips

V

Potatoes

Crispy Skin Jacket Potato with Tasty Toppings available daily

Packed Lunch

Pick and Mix Packed Lunch

Freshly filled sandwich or roll, healthy snack, home bake and piece of fruit Monday - Ham Tuesday - Cheese Wednesday - Ham Thursday - Cheese Friday - Tuna

The Finale

Warm Pineapple with Vanilla Ice Cream

Sticky Gingerbread Cake

Chocolate Brownie

Strawberry Mousse with Peach

Oat Cookie

Homemade Bread, Fresh Fruit, Yoghurt and Salad available every day ◆ Jacket Potato Packed Lunch Veggie Meat



By Aspens

Spring / Summer 2022

21/2, 14/3, 4/4, 25/4, 16/5, 6/6, 27/6, 18/7

V



MONDAY **Authentic** Italian

Creamy Chicken Pasta Bake Mash

Whole Grain Penne Garlic Slice Green Salad

TUESDAY

Family Faves

BBQ Pulled Pork & Carrots

WEDNESDAY

Backing British

Roast Chicken & Stuffing Roasties and

Fresh Vegetables Gravy

THURSDAY Food

Festival

Beef Lasagne Potato Wedges Rainbow Slaw

FRIDAY Fun Day

Baked Breaded Fish

> Chips and Mushy Peas

Option 2

Option 1

Veggie Bolognese Whole Grain Penne Garlic Slice Green Salad

Baked Bean & Veggie Sausage **Cowboy Pie** Carrots

Cheese & Spring **Onion Pastry Slice** Roasties and Fresh Vegetables

Gravy

Veggie Nachos & Cheese Potato Wedges Rainbow Slaw

Carrot & Potato Cakes Homemade Tomato sauce Chips and

Mushy Peas

Potatoes

Crispy Skin Jacket Potato with Tasty Toppings available daily

Packed Lunch

Pick and Mix Packed Lunch

Freshly filled sandwich or roll, healthy snack, home bake and piece of fruit Monday - Ham Tuesday - Cheese Wednesday - Ham Thursday - Cheese Friday - Tuna

The Finale

Peach Puff Pastry Rice Krispie Cakes Slice & Custard

Chocolate & Marshmallow Cake

Apple Pie & Custard

Fruity Flapjack

Homemade Bread, Fresh Fruit, Yoghurt and Salad available every day

Meat

V Veggie

Jacket Potato

Packed Lunch



By Aspens

Spring / Summer 2022

28/2, 21/3, 11/4, 2/5, 23/5, 13/6, 4/7, 25/7



MONDAY

Authentic Italian

Meatball, Pasta & Option 1 **Garlic Bread**

Traybake

Sweetcorn

TUESDAY

Family Faves

Sticky Baked Bangers & Mash

> Green Beans Gravy

WEDNESDAY

Backing British

Roast Chicken & Stuffing

Roasties and Fresh Vegetables Gravy

THURSDAY Food **Festival**

Honey & Soy **Chicken Stir Fry** Wholegrain Rice Broccoli

FRIDAY Fun Day

Fish Fingers

Salmon or Pollock Chips and Peas

Option 2

Tomato & Mozzarella

Gnocchi

Garlic Slice Sweetcorn

Sticky Veggie Bangers & Mash

> Green Beans Gravy

Quorn Roast

Roasties and Fresh Vegetables Gravy

Crunchy Topped Macaroni Cheese

Broccoli

Veggie Croquettes

Chips and Peas

Potatoes

Crispy Skin Jacket Potato with Tasty Toppings available daily

Packed Lunch

Pick and Mix Packed Lunch

Freshly filled sandwich or roll, healthy snack, home bake and piece of fruit Monday - Ham Tuesday - Cheese Wednesday - Ham Thursday - Cheese Friday - Turra

The Finale

Chocolate Mousse with Mandarin

Sticky Toffee Pudding & Custard

Vanilla Sprinkle Sponge

Apple Crumble with Custard

Ginger Cookie

Homemade Bread, Fresh Fruit, Yoghurt and Salad available every day

▲ Meat

V Veggie

Jacket Potato Packed Lunch